

FORTRESS PREPAREDNESS SERVICES



TRAINING PROGRAMS



Active Shooters Awareness

- **Employee Version:** The employee training course focuses on preventative measures including recognizing credible threats, reporting threats to supervision, and operating procedures in the event of an attack.
- **Management Version:** guidance regarding risk assessments, written plans, training, drills and exercises, and threat assessments. Provided with the Manager program is an active shooter policy template, U.S. Department of Homeland Security guidelines, and a self-assessment tool.



Conflict De-Escalation/ Aggression Management

- **Level One:** defusing techniques that include active listening skills, body positioning and personal safety tips
- **Level Two:** hands-on self-defense techniques specifically for the healthcare provider that provides training on defense against strikes and escapes from grabs
- **Level Three:** advanced clinical restraint training that includes specific joint manipulation techniques and team assignments while focusing on the safety of the patient and staff



HazMat Decontamination

Donning and doffing personal protective equipment, team assignments, chemical identification, decontamination process, best practices and de-briefing. Multiple tools for success are provided including a team leader checklist, inventory list and de-briefing form.

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Incident Command System

The training covers the National Incident Management System (NIMS) and Incident Command system (ICS) formats standardized by the Federal Emergency Management Agency (FEMA). Every level from NIMS 100 to ICS 400 can be provided as needed for the organization.



Human Trafficking Awareness

- covers the laws and types of human trafficking, how to identify indicators of human trafficking, common control tactics, and legal actions to combat human trafficking.

PROVIDED SERVICES



Workplace Violence Worksite Analysis

The risk assessment evaluates the organization's physical security capabilities, trends and processes, written plans and staff training programs. The analysis complies with the new Joint Commission NEW EP 9 and NEW EP 17 standards.



N95 Facemask Fit Testing

Utilizing the port-a-count technology and software, a qualitative test of the N95 facemask to ensure the mask fits the staff members face while in an infectious disease environment.

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Drills and Exercises

Based on the hospital's hazard vulnerability assessment identifying man-made or natural disaster threats. Table-top, functional and full-scale exercises available and follow the Homeland Security Exercise Evaluation Program (HSEEP) guidelines.



Jay Dotson is the owner and lead instructor for **Fortress Preparedness Services**. He is certified as an instructor through the Indiana Law Enforcement Academy, the Indiana Department of Homeland Security, and the Center for Domestic Preparedness. He teaches defensive tactics, active shooter response, martial arts, the Incident Command System, and the National Incident Management System.

Mr. Dotson also is an awareness instructor in the following areas: improvised explosive devices, radiological improvised devices, weapons of mass destruction, and hazardous materials awareness.

His experiences include 35 years with the Muncie Police Department, 30 years at IU Health Ball Memorial Hospital Security, and 10 years as the Ball Memorial Hospital Security Chief. He is a certified FBI hostage/crisis negotiator and an Indiana Law Enforcement Academy certified basic SWAT operator.

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